

Is Your Dog or Cat Showing Signs of Arthritis?

The signs of arthritis can be subtle. Many times, there is more than one sign. **Spotting arthritis early** is your pet's best chance for successful treatment and for reducing the possibility of other illness resulting from chronic arthritis pain.

Use this form at home to observe and record your pet's activity for ONE WEEK. Please bring it with you to your next appointment with your veterinarian.

Pet's Name: _____

Your name: _____

Today's date: _____

	Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
	Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	Yes	No
Difficulty standing up or sitting down														
Trouble climbing stairs														
Unable to walk or run his/her usual distance														
"Just slowing down"														
Can't get comfortable/changes position frequently														
Difficulty squatting to defecate														
Trouble getting in / out of the litter box														
Defecating outside the litter box														
Difficulty jumping onto furniture														
Not jumping up (furniture/countertops) like usual														
Difficulty getting in and out of the car														

WHEN TO SEE YOUR VETERINARIAN

Answering yes to **ANY** of these abnormalities in your pet's activity **more than once a week** indicates that your dog or cat has some form of arthritis. Your daily log will serve as a guide to help your vet decide the severity of your pet's condition which will allow him/her to devise an appropriate plan to help your pet have a better quality of life.



ACCGV Healthy Pet Workshop

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